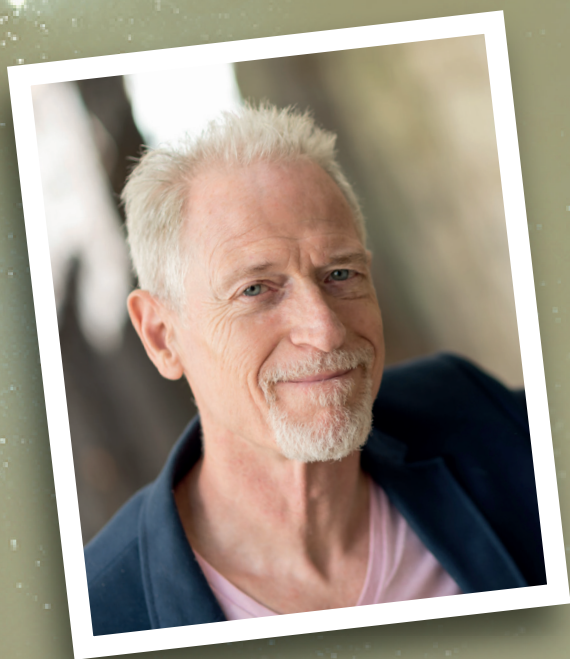


How your departed loved ones communicate with you

Communicate quickly and easily
with your departed loved ones



The logo features a geometric design of interconnected circles and lines, resembling a celestial or spiritual symbol, positioned to the left of the text.
Magellan
MEDIUM SPIRIT

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INTRODUCTION:

There is no such thing as death!

The loss of a loved one is always dramatic and undoubtedly the most dramatic event in the life of every human being.

The physical disappearance of a living being leaves an awful void because, even if we manage to grieve, we never truly manage to get over it.

However, at the risk of shocking many of you, I would say that we shouldn't be so sad when a loved one disappears!

If we take a step back, it becomes clear that the terrible pain we feel is psychological and based on how we perceive death.

If one of the following applies to you:

- You think that we are merely bodies, made up of chemical reactions, and even thoughts and emotions stem from these chemical reactions,
- You think that we do have souls that survive after death, that go to heaven, hell or invisible worlds, but that we cannot have any contact with our departed loved ones

Well then, in those cases, of course you have every reason to experience the death of a loved one as an awful shock, to consider it the hardest ordeal ever, and to suffer the terrible psychological and sometimes physical effects for years, or even throughout the rest of your life.

But, imagine now that the departed don't disappear completely and that they can contact you after their death and/or that you have the possibility of contacting them after they disappear?

First question: Wouldn't that make you feel better?

What's more: Imagine that you can converse with your deceased loved ones at will, that you can find out how they are doing in the beyond and that they are capable of giving you valuable advice on how to lead your life?

Second question: Would you still be afraid of death, whether it's yours or that of your loved ones?

Obviously, the answer to these two questions would undoubtedly be: NO!

NO! You would no longer be afraid of death because you would know:

- That physical disappearance is not an end in itself,
- That your departed loved ones are not mere memories,
- That you can continue to communicate with them,
- That they can help you to better live your life,
- That you can help them to evolve on higher planes!

I think that all these prospects should preemptively give you some relief so that you don't find yourself in a state of interminable sadness, or even inconsolable depression in the event of or after the death of a loved one!

So, even if you are convinced that death is a final state or if you think that the soul does indeed survive after physical disappearance but that the loved one cannot communicate with you...

I ask that you nonetheless read this book, because there is no doubt that you will have changed your mind by the end of it, or even while you're reading it.

The dead are still living!

Even if this statement surprises you or if you doubt that the soul can survive, or even if you do believe that, but you think that we cannot communicate with the dead, it doesn't matter because you will soon have proof to the contrary!

I am not asking you to take me at my word, but to test the methods for communicating with your departed loved ones that I will now give to you.

This book "How your departed loved ones communicate with you" will inform you about:

- The signs that show you how the dead communicate with you,
- The best methods for communicating with them.

You will thus get proof that your departed loved ones merely left their earthly bodies to continue existing on another plane, in another form... hence why it is difficult for them to communicate with you after their physical disappearance.

And yet, plenty of accounts and experiences prove it:

Even though you can no longer see them with your eyes, you can still hear them, feel them, write to them and communicate with them thanks to all the methods that I will reveal to you below.

Begin by respecting the conditions that lead to the necessary psychological preparation, then make use of transcommunication methods (the term used to refer to the communication between our two worlds).

Follow this advice with an open mind and, once you have used these methods for communicating with your departed loved ones, you can decide whether contacting the other world is possible or not!

It's about perspective

I hesitated a long time over the title of this book.

Was I supposed to call it: "How your departed loved ones communicate with you" or "How to communicate with your departed loved ones"?

I decided to choose “How your departed loved ones communicate with you” as the title, and to use “How to communicate with your departed loved ones” as the subtitle, because both are interconnected.

I made this decision because, even if you wish to converse with them, it is always your departed loved ones who decide when they can or wish to contact you.

In fact, I would rather say that the departed contact us when the higher planes authorize them to do so.

Don't let yourself be blocked by language!

It's important to clarify that I intentionally chose certain terms to talk to you about transcommunication with your departed loved ones.

I use higher planes to refer to the supreme authorities presiding over the destinies in these invisible worlds.

I don't use terms like God or make reference to specific beliefs, to avoid offending your sensibilities or curbing your attempts, or even dooming them to failure, in case you aren't religious or spiritual.

So, call upon the higher planes as you see fit. What matters is that you succeed in your attempts to communicate without a psychological blockage, which could be caused by the terms used if they do not correspond to your beliefs.

Practice, practice and more practice!

The purpose of this book is not to bury you under an avalanche of philosophical principles, beliefs and theories on life, death, the soul, or communication with the dead...!

There are plenty of books on these topics and, in that regard, I will provide you with bibliographic references at the end of this book.

Above all, the purpose of this book is to be useful and enable you to practice the techniques below for communicating with the departed as soon as possible.

After a few simple definitions and reminders about certain basic concepts to succeed in communicating with your departed loved ones, you'll quickly get access to a wide range of techniques that you can try in your own time.

I recommend that you try a few in order to find the method (or methods) that suits you best and brings you the desired results.

Nevertheless, despite you understandably being impatient to make attempts as soon as possible, I recommend that you don't skip chapter 1. Reading it is crucial to succeeding in quickly communicating with your departed loved ones.

Without accepting these preliminary steps, it will be difficult for you to succeed in your attempts to make contact with your departed loved ones. Without being open to these principles, you'll experience blockages, which won't make things easier for you.

Even if certain concepts laid out in chapter 1 surprise you or go against your current state of mind, I ask that you give them a chance by practicing them in a concrete way.

I'm not writing this book to convince you that communicating with the departed is real, because the methods laid out have already proven their worth.

I am sharing them with you without forcing them upon you, because they can make you change how you perceive death and communication with the departed in a practical way. So as to prepare you or help you to get through the painful ordeal that physically losing a loved one will always be.

CHAPTER 1

PRINCIPLES FOR COMMUNICATING WITH THE DEPARTED

"You have to believe it, to see it".
Father Brune, catholic priest

I think that this sentence, from one of the greatest worldwide experts in communicating with our departed loved ones, sums up the state of mind to cultivate in order to succeed in contacting your departed loved ones.

Communicating with the dead goes through two steps:

- 1st step: Changing your state of mind, which requires believing in a form of consciousness surviving. Some call it the soul, but you can call it whatever you want. Once again, don't let yourself be held back by terms and use whichever ones you want because language shouldn't be an obstacle to your efforts at communicating with the departed. Refer to this form of consciousness that survives after physical disappearance as you see fit.
- 2nd step: Believing in the possibility of contacting them or of them contacting you in the many ways that I will lay out below.

To paraphrase what Father Brune said: don't wait to "see it to believe it", and instead "believe it to see it", or at least, open yourself up to the possibility of a form of consciousness surviving and of communicating with your departed loved ones.

Once again, I'm not asking you to immediately and blindly believe me, but to read this book with an open mind, to detect the signs that appear around you and to try the different communication methods described below.

Contacting your departed loved ones: it's a state of mind!

It will be the only way to make your own mind up and if you follow the advice revealed below, there is no doubt that you will end up contacting your departed loved ones and that you will see the signs that they are constantly sending you.

You'll quickly notice that your departed loved ones send you messages regularly or from time to time. There is no specific rule in that regard.

I will touch upon all the principles that will enable you to start practicing the communication methods with your departed loved ones.

Read them carefully with an open mind. Remember that the faster you assimilate them, the faster you will manage to understand the signs sent by your departed loved ones or how to contact them.

This approach should lead to regular or occasional communication with your departed loved ones. It can only take place as long as you adhere to the principles below or as long as you are at least open to the possibility of them being true.

What is this consciousness of which I'm speaking?

The consciousness that I am referring to survives after our physical disappearance, is a part of ourselves and invisible to the naked eye. It is independent from the physical body but requires it in order to express itself and take action in this world.

The body is merely a temporary host for this consciousness. It has been and continues to be referred to by many different names depending on civilizations, religions and eras. For instance, in the framework of monotheistic religions (Judaism, Christianity, Islam), it is called the soul.

All that matters is that you accept the existence of a form of consciousness that survives after physical disappearance.

Does this consciousness survive after physical disappearance?

There has been plenty of proof, as well as many publications and accounts since the dawn of time about the survival of consciousness after death.

To access this proof, refer to the bibliography at the end of this book. There you'll find all the evidence you want or are searching for.

Are our departed loved ones dead?

I would say NO in the sense of the departed having completely disappeared, as is usually meant by the word "dead".

I will use this word "dead" for the last time and I will replace it with "physical disappearance" throughout this entire practical guide on communication.

Indeed, the word "death" implies an end that is too definitive and/or often leads to it being impossible to communicate with them.

That of "physical disappearance" helps avoid this pitfall of a definitive end, to prevent the psychological blockage that results from perceiving the human being referred to as "dead" as having completely disappeared.

Are they in the beyond?

I would say NO... if you imagine the beyond as a distant, higher and inaccessible world, that precludes communication with the departed.

Instead, I would say that our departed loved ones are not in the beyond, but right beside us. I'm talking from a physical, as well as psychological and spiritual, standpoint.

They are in another world, in a different form from the one they had when they were on the material plane. I would therefore favor saying "other world" instead of "beyond".

How can they communicate with us?

After leaving this world, one thing is certain: our departed loved ones no longer have their physical appearance and have a different form of existence, no doubt made up of vibrations or energy. There are many ways to refer to the form in which they survive after physical disappearance, so I will use the terms "vibrations" or

“energy” to describe how they exist alongside us. Which obviously conditions how they communicate with us.

What abilities do we need to communicate with them?

Contacting your departed loved ones doesn't require developing extraordinary or super-hero powers. It would be a mistake to believe that, and would even hinder communication with your departed loved ones.

Contacting your departed loved ones simply requires you to develop the powers that are already within you, especially your mediumship, another word that is often misunderstood.

Mediumship is the ability to communicate with other planes than the material one and, more specifically, in as far as we are concerned, with the plane where our departed loved ones are.

We are all mediums of a certain level, but you must now, if you haven't already done so, find how to express your mediumship...

How can we detect the signs sent by the departed?

Below, you will find the main methods used by the deceased to communicate with us, but you must understand that you cannot communicate with them in the same way as when they were in their earthly bodies and had sensory organs enabling them to speak.

So, in order to detect their attempts at communication, be open-minded and extremely vigilant, and double-check before interpreting what happens to you as normal. Every time, ask yourself whether what happens to you is a manifestation of the presence of your departed loved ones by your side.

How do we contact them?

In line with the above, you can express your mediumship through one or several of the methods described below.

In this life, you have abilities and ways of expressing yourself that suit you and enable you to express yourself and/or make a living.

In the same way that there are many forms of manual, intellectual and artistic expression that are suited to each and everyone, there are also many ways of materializing your mediumship: automatic writing, prayer, meditation, dreams, the use of devices (televisions, cassette players, computers, telephones...).

It's up to you to try the different transcommunication methods with the departed that are suggested below and to adopt the one or those that suit you best.

When should we contact them?

There are several theories in this regard, from those that advocate waiting for signs sent by the departed to those that defend a vision of intentional and active communication without waiting for a sign from the departed.

I would say that there is no definitive rule and that it depends on your personality, desires and requests, but also on those of the departed.

Each case is special, and depending on these two factors (your desire and the desire of your departed loved ones), everything is conceivable.

Therefore, follow your intuition and interpret the signs and everything that happens to you, to see if they come from your departed loved ones or are merely the result of your actions. Or, you can contact them if that's what you want.

In the same way that you must not interpret everything that happens to you as the result of your actions, you also shouldn't see signs from the departed everywhere. In any event, trust your intuition and the experience that you will gain through practice.

How can we know if it's a departed loved one sending us signals or answering us?

There is an endless number of spirits and forms of consciousness around us, and every time we must check that it is genuinely our departed loved one that is manifesting itself. There are indeed poorly evolved spirits and/or liars that can pretend to be something else in order to feed off your energy, lead you down the path of evil or, simply, pass the time!

Asking questions about their life on earth or about your personal relationship with them is not the best way to get proof that the spirit with whom you are communicating is genuine. Indeed, a spirit, depending on how evolved it is, can easily read your mind, find the answer and repeat it to you.

The nature of their intervention is the only aspect that enables you to be sure that they are genuine and honest. If you feel good in their presence and about them manifesting themselves and sending you signs, that's a good first step.

Nevertheless, the ultimate criterion is the nature of their intentions; if they raise you up, teach you things, make you grow... simply put, if they enable you to improve yourself while doing good all around you, it's a good test of authenticity.

An evil spirit, on the contrary, will try to trick you, make you scared, use you and push you towards evil...!

In that case, immediately put an end to all contact with this entity and ask for help from higher forces in accordance with your beliefs or from your departed loved ones.

If they don't answer our questions, does that mean it's an impostor or the product of our imagination?

Just because a departed loved one doesn't answer a question, does not mean that they are not who they claim to be. There are many complex rules that govern the

relationships between our two dimensions or planes and we still do not know them all.

Nonetheless, according to the information derived from various accounts and pieces of evidence regarding the survival of consciousness after physical disappearance, we can reflect on the following.

Firstly, you shouldn't believe that just because someone is on different planes of consciousness and has left their earthly body, that they immediately get access to Supreme Knowledge, Clarity, Illumination, or ultimate Truth...

Generally, however, according to the testimonials collected, even though every case is different, it would nonetheless seem that the departed only answer when they want to and/or when the higher planes have authorized them to.

Is a departed being a higher being?

Departed beings do not become, in the blink of an eye or as soon as they die, Higher Beings endowed with Universal Omniscience. They simply access another step in their evolution. The only difference with the period preceding their physical disappearance, is that they continue to exist in another form!

Once on "the other side", they must also overcome steps to progressively move towards higher stages of evolution.

To sum up, immediately after leaving their earthly bodies, departed beings have the same state of mind and the same knowledge as they had at the time of their death, the only difference being that they are continuing to live in another form. They may not even realize that they are dead! In that case, you can help them to realize it.

Gradually, at their own pace, departed beings will assimilate new knowledge and go through various successive stages of growth, just like we begin by going to primary school, then secondary school through till graduation or even higher studies for some.

It wouldn't occur to you to ask a 2-year-old about the various stages in the history of your country or to resolve mathematical equations!

Similarly, departed beings will only answer you in accordance with their knowledge at the time, but also depending on two other factors: authorization from the higher planes, and your ability to understand their message and/or accept it because it can shake up your ideas and principles.

You must understand that you and your departed loved one are on different planes and evolutionary paths and that your intentions and requests may diverge. Moreover, the closer the communication to the time of death, the more the departed being will

be inclined to help you depending on their level of consciousness at the time. Even if your departed loved one is armed with the best intentions, they aren't always capable of deciding what they should or shouldn't say to you. At the time of answering you, they therefore receive advice from higher planes, as they know what they can reveal to you and what you are capable of assimilating or questioning.

For what reasons would the departed answer us?

Depending on the nature of your question, departed beings will or will not answer you because you must never trivialize or take advantage of contacting your departed loved ones.

Communicating with a departed being is an extraordinary moment, which can bring you plenty of well-being and knowledge and help you to progress in life.

Nevertheless, this type of communication is not insignificant and must not be done under any old circumstances and for any old reason, but to help or answer questions that are important to you!

Also, don't bother them too often. They also need time for themselves to evolve on higher spiritual planes.

Only do it when necessary and not just to talk about the weather, find out the winning lottery numbers, or seduce someone that you're attracted to...

Communication with the departed, whether it's initiated by them or you, should always take place for serious reasons that concern your inner spiritual evolution and not to resolve material problems or have them resolved for you.

The departed don't have a magic wand and cannot act in your stead, but they can however provide you with advice to improve your life.

To attempt the methods to communicate with your departed loved ones under the best conditions, I recommend that you take your time to read this whole chapter but, more importantly, that you assimilate all the principles for successful communication with your loved ones who have left the material plane, and that you make them yours.

Re-read this chapter regularly until your state of mind assimilates this advice. If you don't have the time to re-read this chapter every day, then at least read the following declaration of intent every morning or at least just before attempting to communicate with your departed loved ones.

Declaration of intent for successfully communicating with your departed loved ones

"My loved ones have not disappeared for good. Their state or form has simply changed but they can still signal their presence to me or I can still contact them. I only do so for serious reasons to evolve in my life or to help them if they ask me to. I am not worried if they do not appear or answer my questions. They will do so in good time, when it is most favorable for me!"

CHAPTER 2

LEVEL 1 TRANSCOMMUNICATION METHODS



The level 1 transcommunication methods include all the basic forms that the dead can use to communicate with you but do not necessarily allow for in-depth communication or communication that goes both ways.

Level 1 mainly includes the methods that the deceased use to prove to you that they have not completely disappeared and that they have merely lost their physical appearance and their usual organs for communication.

Moreover, you can ask them to manifest themselves through level 1 transcommunication methods if you are a beginner in communicating with the departed and do not yet master this type of communication.

As I underlined in the previous chapter, there are no hard and fast rules governing the communication between us and our departed loved ones.

Every case is different. Our departed loved ones can contact us through very specific signs. That will be the topic of this second chapter.

In the next two chapters, we will talk about ways of contacting them, whether it's to initiate communication, to prolong any contact they have undertaken with you or to continue and develop contact that you have initiated.

The departed manifest themselves however they can.

The departed, by definition, do not have the organs or the abilities that they had when they were on earth. They can, however, communicate in various different ways.

According to all the studies and accounts, even though the list below is far from being exhaustive, it includes the main methods used by the departed to contact us. But they can reach you in all sorts of other ways.

The main thing to remember in order to detect signs from your departed loved ones is to keep an open mind, without obsessively, all day long, seeking to detect any slight trace of them manifesting their presence. That can very quickly become exhausting and pointless.

We are here, in what I refer to as passive communication, because you are not trying to instigate it, but you are remaining benevolently receptive to signs that could reach you from a deceased loved one.

The first thing to do is cultivate a positive attitude with regard to a possible sign from your departed loved ones.

Don't just wait around feeling anxious, afraid or impatient because, in that case, your departed loved ones will not manifest themselves or you will react negatively with fear or rejection when they do signal their presence to you!

Which could also make them flee and/or not return. Don't necessarily imagine your deceased loved ones as higher beings of light that are supremely serene and endowed with the Universal Truth and serenity that goes with it!

Especially if they have only just gone over to the other side, they have not yet or necessarily achieved a high level of spiritual growth.

Sometimes, they may not even realize that they are dead, and have very human emotions. They may be afraid and anxious, may not perfectly master communication with the living, and may unintentionally show themselves to be clumsy or even scary in their attempts!

You may even be better prepared for communicating with them than they are, especially if you follow the advice in this book!

So, to successfully communicate with a loved one, be benevolent and filled with unconditional love for them, but never pity them.

You can only find out more about their exact condition, or how they can help or assist you, by communicating with them.

The departed manifest themselves... when they can!

The best way to prepare for a communication initiated by them is to regularly repeat the following:

*"Departed loved ones can manifest themselves to me at any time, in any possible or imaginable way, or even in ways that I have not thought of!
Therefore, I feel serene towards them and I am placing myself in the best state of mind to detect any sign they wish to send me!
I will benevolently keep an eye on these signs and show great love towards them because, if they contact me, it's for a specific reason that I will discover all in good time!"*

Once you have repeated this statement, at least once a day, with conviction, behave as described by talking and acting in a positive way, all day long, in everything you do, concentrating on waiting for a sign but without tension and with benevolent intentions.

If you behave like that, you can be sure that you will definitely receive a sign from a departed loved one, but be patient because the communication may not necessarily take place when you want it to!

Never display negative emotions like impatience, bitterness or disappointment if your departed loved one doesn't appear or send you signs at will!

As already explained, the world of departed beings obeys rules that are not always, and are in fact rarely, the same as those of our world!

Similarly, if your departed loved one does not manifest themselves in the blink of an eye, don't be annoyed with them. Remind yourself or become aware that going from the world of the living to the world of the departed is a change that is not necessarily easy to get used to.

If your departed loved one is showing no sign of their presence, remain calm and benevolent towards them. Let them take their time to get their bearings in their new world!

Don't be worried, they will end up manifesting themselves if you truly desire it and if you have good reasons. At that point, you'll understand why they didn't, or why it wasn't when you had wanted them to.

In the same way that on earth, everyone isn't always available when you want them to be: the departed have their life and their own agenda and sometimes need to wait for the most opportune moment to manifest themselves.

Some information before you get started

Even though opinions on this topic vary, generally, the departed manifest themselves in the days following their disappearance.

So, behave as described above in the period following the physical disappearance of the person in question, but it's not a rigid dogma.

What's more, the difficult psychological state (grief, fear, anger, desperation...) that you can find yourself in just after losing someone close to you, is not always the best psychological state of mind in which to adopt the serene, open and benevolent attitude required for successful communication.

Moreover, to avoid finding yourself in the psychological state of distress usually inherent in grief, you should cultivate the mentality described here concerning the disappearance of a loved one, also touched upon in chapter 1.

That will also have the advantage of reducing your grief and the disastrous psychological impact that grief can have on everyone... precisely by fighting against this usual way of seeing the death of a loved one.

What's more, display benevolence, unconditional love, patience and perseverance and you'll manage to detect the best way(s) chosen by your departed loved one to communicate with you!

Sometimes, you need to be patient to establish contact with a departed loved one because you don't exist in the same world.

What's more, even if your two worlds co-exist, your departed loved one doesn't have the physical support of their senses like they had on earth, such as their vocal cords or their mouth in particular.

Depending on their form or on their psychic or vibratory state at the time of communication, they may or may not completely master one or several of the transcommunication methods to contact you.

Because of how difficult it is for them to materialize in a visible form (since they no longer have a physical body) or to articulate clear sounds (since they have no tongue, vocal cords or mouth), the deceased do their utmost to contact you.

Be prepared for that and remember that when they establish a connection with you. If you hear gloomy sounds or notice distressing silhouettes, those aren't necessarily the product of demonic spirits. You must never show fear if the words pronounced seem to be sinister or hollow to you or if physical forms seem incomplete...

In those cases, you can tell the difference based on what you feel; generally, in the case of a loved one, your body will feel pleasant sensations.

Moreover, the content of your discussions will give you an idea about the nature of the spirit before you.

If the language and messages sent are positive, make you grow and inspire you to do good, you'll have proof of the presence of a benevolent departed being.

A word of warning about spiritism

Even though spiritism is a very respectable philosophy and way of contacting the deceased that has proven its worth, within the framework of this book, I won't talk about spiritualist techniques like the use of Ouija, table-turning, a glass, a pedestal table or any other tool for summoning spirits.

Spiritism requires mastering the techniques for contacting spirits and the intervention of experienced mediums, capable of attracting spirits of course, but also of making them leave.

If you don't practice spiritualist techniques under these conditions, you run the risk of serious problems because it is not difficult to make spirits appear, but it is difficult to know who you are dealing with and how to make them leave.

If you don't manage, you run the risk of being exposed to several manifestations of their presence, of your spirit being subjugated, of psychological or psychiatric problems, or even of being possessed by evil entities.

To avoid this unpleasantness, I recommend that you carefully use the methods for communicating with the departed that are described in this book, in the way and with the state of mind recommended here.

Moreover, don't use the methods used in spiritism (including Ouija) and don't just vaguely and generally summon spirits to appear, but invoke one departed being in particular with positive goals.

Never contact the deceased simply out of curiosity, to obtain material benefits or to do harm to others.

If you do, you never know who you might end up attracting and you'll no doubt end up dealing with evil spirits that you will struggle and possibly fail to get rid of!

The main transcommunication methods of level 1

1- Smells

The deceased sometimes use smells to signal their presence. In that case, they will be pleasant smells that remind you of shared memories.

It could be the fragrance of a flower, the scent of a perfume that you or they wore while they were alive, or any other familiar smell that brought you together.

This perfume emitted by your departed loved ones is a way of rekindling a shared memory with you and of making you understand that they are near you.

2- Voices

Based on what was said above about the absence of organs allowing them to speak as they did when they were alive, the voices of the departed that reach us may not be perceived in a clear way or for very long.

So, listen carefully to understand what this being from "the other side" is saying to you, because they may not be in a position to talk to you any longer and/or repeat words that they may have struggled to pronounce or send to you.

If you can, use a voice recorder or tape recorder and you can then replay it afterwards.

You may also need to replay the recording in slow motion, at several different speeds, or even in reverse to hear or understand sounds.

Please note that acoustic manifestations may present themselves in the form of words or sentences, but also as laughter, bursts of laughter, or even cries or screams.

Once again, the deceased who wish to manifest themselves vocally do what they can, depending on their state at the time and on how well they master communication between our two worlds to contact us.

Sometimes, if they are incapable of expressing themselves through sounds, they use

basic forms such as whispers or bursts of laughter.

You should note that it may be difficult or even impossible to recognize the voice of your departed loved one because, without physically having vocal cords, a tongue or a mouth, they will then use waves, electric frequencies, radio waves... to communicate.

Their voice could therefore be different, more high-pitched or deeper, or the person may have a younger or older voice than the one they had when they were alive.

You can question them about events affecting you, that you have in common, nicknames that were given...

You can check that it's them from the content of what the departed being is saying, but especially through the positive or constructive tone of these communications from the other world.

3- Words, phrases and sentences on a loop

The departed can communicate through words, phrases and sentences that keep re-occurring on a loop and which evoke memories with the departed.

These could be ideas or images connected to them, which flood your mind over and over again. Identical sentences could also draw your attention on a regular basis, in discussions with other people, on the radio, on television, in the papers... which remind you of your relationship with your loved one.

4- Apparitions

These are undoubtedly the most impressive manifestations of the departed, which have been recorded since the earliest days of humanity in all civilizations across the world.

The bad reputation of apparitions comes from how difficult it is for the departed to control the form in which they are trying to appear.

Just like with voices, the fact that the departed no longer have their earthly bodies makes it complicated for them to manifest themselves in the form of an apparition.

Therefore, people who haven't had much warning are often overwhelmed if not afraid when faced with incomplete physical manifestations, especially if they didn't solicit these apparitions or/and if they take place suddenly or by surprise!

It's understandable because, even if we desire or trigger the appearance of a departed being, it's overwhelming, at the beginning at least, to see a deceased loved one appear. Especially if they appear in the form of a vague, translucent or incomplete silhouette...!

So, prepare yourself for the possibility of an unintentional apparition or one that you requested and desired. That way, you won't react inappropriately (fear or surprise), which could make the apparition flee for a while or even for good!

5- Lights

It's also possible for lights to suddenly turn on or off in a room or home, whether it's spontaneous or after you've made a request for contact, and it sometimes happens several times, can last a long time or even be brief.

However, you shouldn't see signs from the departed everywhere and in all situations. Before thinking that it's a spirit, check that there wasn't simply a voltage drop or a power outage.

A good way to make sure is to check whether it's just the room or home that you're in that's affected by it!

If that's not the case, to know whether it's truly a departed being manifesting itself, check whether this phenomenon is taking place regularly and/or at the time of and/or after invoking the name or a memory of your departed loved one.

If you notice a pattern between these two phenomena (power outages or the flickering of light bulbs and the invocation of the deceased), you are probably dealing with a departed being.

6- Knocks and footsteps

These are classic manifestations of the departed that have long been reported especially in cases of spiritism.

You may hear knocks that are more or less loud, or footsteps where you are or in adjoining rooms, either unintentionally or after requesting contact with the deceased. Once again, you'll know whether you are in contact with a spirit if the knocks and/or footsteps are repeated, whether or not you requested them.

Then, as is often the case, you'll know whether you are with one of your departed loved ones or not based on what you feel in the moment, whether it's pleasant or not, or whether the tone of the exchanges is positive or constructive, or not.

If that's not the case, bring the exchange to a halt as quickly as possible, ask the unwelcome spirit to leave you or use methods that you know of to do so, but never in a brutal way.

In that case, always adopt a firm tone and attitude and/or call upon the positive forces in the universe or in your belief system to make the intruders take leave.

7- Furniture and objects moving, falling or appearing

These are other typical consequences of invoking spirits through spiritism, a practice that I would not recommend within the framework of this book.

Nonetheless, you should not reject, ignore or banish these manifestations, if furniture and objects move, fall or appear, especially if it happens repeatedly. They can be signs that one of your departed loved ones is present.

Moreover, the phenomenon of furniture moving and objects falling can also take place in your absence, either spontaneously or after asking for proof of the presence of a deceased loved one. You'll then notice it upon your return. So, when you go home, check to see if furniture, chairs, armchairs, tables, objects... are still in the same place they were before you left, especially if you thought about a departed being or asked them to manifest themselves.

If you notice a book falling off a shelf several times, a picture frame that has moved or an object that wasn't there before, it is very likely that your departed loved one is trying to signal their presence to you.

The same goes for armchairs, windows and doors that open or close themselves briefly or for a long time.

The departed are also capable of using kinetic energy to make objects move, but also sometimes to make them appear. So, you may well find objects in your home that were not there before.

8- Brushes, strokes, chills...

Brushes refer to all tactile contact that you may feel, like a light or heavy touch, a chill or the stroke of a hand on your shoulder, hand, forehead, hair...

It can happen passively, in other words, without having asked to contact a departed being, or actively, after expressing a desire or attempting to contact them.

Welcome this invisible gesture benevolently and don't be surprised or express fear or rejection, as the communication would then stop immediately.

Indeed, spirits are also sensitive beings that can also be frightened by your reactions, depending on how evolved they are on the other side.

9- Clocks, alarms and mirror hours

Clocks and alarms can also stop and/or begin working without you doing anything and/or without the batteries of digital devices running out. Similarly, alarm clocks can go off without you having set them beforehand.

When these mechanical, electrical or electronic phenomena repeatedly take place at the same time of the day or night or when you think of a departed being, they cannot be confused with technical problems.

In this field, there is also the phenomenon of mirror hours that can also be found in numerology, Tarot and communication with angels.

Mirror hours are specific minutes and hours when your attention is systematically drawn by a desire to look at the time, at the same time, sometimes several days or weeks in a row.

We then end up looking at our watches, alarms, clocks... which are always made up of double numbers, that is to say that they systematically appear as 10:10, 16:16, 19:19,

21:21... the most famous mirror hour is 00:00.

It can't simply be a coincidence. These mirror hours often mean that at that moment, someone is thinking of you, a spirit is trying to contact you...

Within the framework of communicating with deceased beings, these are messages indicating the presence of our departed, and it's the time at which we can contact them or at which they will come before us.

10- Pleasant emotions

Feeling good, having pleasant emotions, or sensing love when you are grieving and/or thinking of a departed loved one can also be a sign that they are there.

Without being able to communicate through the other methods described, some deceased beings are capable of sending you positive emotions or energy, or benevolent waves, in order to signal their presence and/or relieve your suffering.

I remember that, to my grandmother's indignation, immediately after the death of my father, I began whistling, singing and laughing several times without being to stop myself.

I didn't feel the huge sadness that is generally expected in those moments according to the conventions in most societies.

So, if you happen to be overcome by positive vibrations, or even laugh, smile or whistle after a death, that does not mean that you do not miss them. So, don't feel guilty if you have this reaction, instead let the sweet sensations sweep over you or continue to express your joy.

Indeed, the deceased on the other side often live in a better world, and are free from their earthly suffering, which was sometimes very painful...

They don't want us to be sad. They then send us positive waves that manifest themselves through pleasant internal sensations or joyous behavior. Most of the time, it's a way of making us understand that our usual perception of death as a sad event is wrong.

Not always the sign we expect

There are many other physical and psychological ways in which the departed can manifest themselves to you spontaneously or after you make a request and which depend on your shared experiences.

So, after a death, remain open, without necessarily expecting the departed to manifest themselves in a specific way or in the way that you wanted.

You can ask for or expect a specific type of manifestation of course, but don't be obsessed with it, because the departed can manifest themselves in various ways or

not be authorized to signal their presence in certain ways depending on how evolved they are on the other side.

Finally, if you focus on a specific form of manifestation, you run the risk of missing out on other signs that your departed loved one may send you, or you may get impatient. This emission of negative energy would then be likely to delay or prevent communication between you!

Basic transcommunication signs

You should also note that most of the physical manifestations described above are primary means of contacting your departed loved ones, and not ends in themselves. By "primary", I mean basic forms of communication, which are generally used by the departed who have gone over to the other side recently and do not yet master the more evolved ways of communicating.

These bits of proof can often relieve your suffering after the loss of a loved one and reinforce your belief in the fact that we continue to exist after our physical disappearance. They will make you stronger to overcome your ongoing grief or to deal with any subsequent deaths.

Getting used to signs from the other world can also help you to reassure others who have to overcome the loss of a loved one.

If you witness these basic forms of transcommunication, don't necessarily try to reproduce them or harass your departed loved ones persistently, especially if you can't trigger the manifestation of these level 1 signs again.

For starters, you should see these physical signs of contact as proof that your departed loved ones are still living, in their own way, in a different form.

Hearing knocks, seeing an image on a television, having a recorded message on an answering machine, been stroked by an invisible hand... are primary forms of communication that must inspire you to delve deeper.

These material signs are generally used by the deceased to let you know that they have not completely disappeared and that you can communicate with them, but they rarely enable you to get in-depth answers to your questions.

The main purpose of contact with the departed is to relieve your suffering, proving to you that they haven't completely disappeared but also to help them evolve (if they want to) or to give you advice to better live your earthly life.

Once this purely physical first contact through basic forms of communication has been established, you can move towards more sophisticated forms of communication to achieve your goals. That is the purpose of the next two chapters.

CHAPTER 3

LEVEL 2 TRANSCOMMUNICATION METHODS



Level 2 transcommunication methods include the methods through which the deceased can send you signals, but through which you can also communicate with them in a more in-depth way than with level 1 transcommunication methods. Those of level 2 mainly include dreams and automatic writing.

Dreams

The use of dreams is one of the two best methods, along with the use of automatic writing, which I will talk about below, in order to move to the second step advocated in the previous paragraph: helping the deceased when they need it and ask for it and/or progressing along our evolutionary path thanks to their advice.

Dreams are one of the best ways of contacting the deceased because there is no need for them to use physical methods, like those in chapter 2, for them to manifest themselves, communicate with the living or send us messages.

To effectively use oneiric transcommunication, we generally come across three problems but it is possible to resolve them fairly easily.

The first problem is that, in Western societies, dreams aren't perceived to be as vital as they are in other cultures. Dreams are considered to be relatively unimportant, or even merely psychological or chemical events that take place while we sleep.

The second problem is that dreams are very volatile, in other words: we quickly forget them when we wake up, especially if we underestimate them.

The third problem is that dreams are often filled with symbols, which can sometimes be difficult to interpret if we are not experts at interpreting them!

1- Passive communication method through dreams

This passive method involves simply writing down and learning from the messages that your departed loved ones send you through this method.

Before using your dreams in a practical way, for your personal development and more specifically to receive messages from your departed loved ones or to contact them, you must learn how to remember your dreams and how to interpret them.

Firstly, get used to recollecting your dreams when you wake up and, if possible, to writing them down until you begin doing so automatically on a daily basis.

It will then be easier for you to recall the oneiric interventions of your departed loved ones, before interpreting their messages and learning from them.

If you can, after mentally recollecting your dream, write it down in a dream journal. At least write down the dreams that are related to your departed loved ones, as well as the symbols or messages, even those that seem incomprehensible to you. By force of habit, you'll begin finding meaning.

2- Active communication method through dreams

This active method involves triggering communication with your departed loved ones through dreams.

Along the same lines as the passive method, once you regularly remember your dreams, you can plan dreams to communicate with your departed loved ones.

Below is a practical solution to achieve that:

Oneiric method for contacting the departed.

- Go to bed at regular times, at least three hours after eating a light meal, having only drunk water.
- Lie down in your bed and ask the departed person to visit you during your dreams in a benevolent way, with positive intentions and/or repeating the question that you wish to ask them and/or simply by saying that you are available to help them.
- Behave as such until you fall asleep, repeating your intentions over and over again.
- When you wake up, without moving, try to remember your dreams or at least those that have to do with contacting a departed being, whether it's through their apparition, by experiencing a shared memory, or remembering words or sentences heard in the dream that are connected to your departed loved one...
- Immediately try to understand the meaning of the communicative dream you just had, or write it down if you don't have the time to look into the meaning, or if you are struggling to understand it because there were sentences uttered or symbols that appeared, the meaning of which you didn't understand. In those cases, don't persist with it, you'll end up finding the meaning of your dream later on.

This communication method through dreams is very effective but sometimes requires a little time to achieve results. You'll draw plenty of satisfaction from this method if you practice it regularly and patiently.

Automatic writing

Automatic writing is also very effective in combination with the dream method above if you practice it as follows.

- Settle down somewhere quiet and relax by taking a couple of deep breaths or by using a relaxation technique that you already know. *It is also advisable to light one or several candle(s) if you need to be able to see where and what you're writing, rather than electric light.*
- Place a piece of paper or a pad on the table and place the hand holding the pen at the top of the paper, but in a relaxed way, without exerting any pressure on your

hand and without forcing it to write. It must write of its own accord.

- You can either close your eyes or leave them open then ask your question internally to your departed loved one, write it at the top of the sheet or simply ask them to manifest themselves repeatedly while being kind towards them.
- Then, wait without moving your hand as you breathe, in a relaxed way, without being impatient and/or as you repeat your question over and over or as you request your departed loved one to appear.
- Sometimes, this method takes a little while to work. You'll know that your attempt was successful when your hand begins writing on its own, without any input from you or without absolutely wanting it to write, so as to not falsify the experience.
- When your hand begins writing, let it do so on its own. At the beginning, it will no doubt only write scribbles, a few incomprehensible symbols or words.

Persist with your attempts until you gradually begin to achieve more understandable words and sentences.

Little by little, your hand will write more and more words and lines of text. Some people have even written several books using automatic writing!

CHAPTER 4

LEVEL 3 TRANSCOMMUNICATION



Instrumental Transcommunication

Level 3 transcommunication is the one that allows for the most enriching communication with deceased individuals.

It is also referred to as instrumental transcommunication (ITC) as it is done through technology and modern communication devices.

The departed manifest themselves or can be contacted via televisions, radio sets, printers, computers, telephones...

Below, I will reuse two expressions that were already used to describe communication between you and your departed loved ones through dreams.

Passive manifestation refers to how a spirit can manifest itself to you without you attempting to contact them.

Active manifestation refers to how you can use the same device to intentionally contact a departed being.

1- Televisions and cameras

Passive manifestation

One of the most obvious signs of electrical or electronic devices being used by the departed is them suddenly turning on when they were off or even, in some cases, when they were unplugged!

For instance, suddenly, a television screen turns on without you having switched it on manually or with the remote. Also: messages, faces or silhouettes can appear on the screen. Sometimes, the opposite happens and a screen turns off when you're thinking about a departed loved one.

In the case of a camera, set it to record on a tripod, pointing it towards the various parts of the room, one after the other, or walk around with it, sweeping the rooms you go through with your camera.

Active manifestation

You can also use a television to contact one of your departed loved ones.

To do so, simply turn on your television and switch to a channel where there is no signal, where the screen is snowy, that is to say with lots of little white dots, hence why people say: "there is snow on the TV screen".

This snow presents itself along with static background noise, which can also be important as you will discover below.

You can use a camera in the same way as with passive manifestations, but while thinking about or visualizing your departed loved one.

Turn it on, set it to record, and invoke a departed loved one, and after a while: faces or silhouettes can appear on the screen, or words, names and sentences can be uttered...

If you can't constantly stay in front of your television, set it to record. Then replay it. You may capture images and/or messages or sounds, especially after the death of a loved one.

2- Radio sets

Passive manifestation

Radio sets can also switch on or off without your input, often when you're thinking about a deceased individual in particular.

It could happen regularly and/or at a specific time and/or the radio set may broadcast music or a song that you or your departed loved one, or even both of you, loved.

That's also the case if the tune or lyrics in question remind you of a specific event from your life (a wedding, an encounter, the birth of a child, the death of a loved one, an anniversary...).

Active manifestation:

Switch on your radio and turn to a frequency where there is no radio station, where you only hear static noise.

Do so, especially immediately after someone's death. Evoke the name of your departed loved one, visualize them or ask them to send you proof of their presence or whether they need help. Then, listen to your radio.

You can also use a recording device and then replay it at normal speed or high speed, or even in reverse.

3- Printers and fax machines

Passive manifestation:

Sometimes, printers and fax machines can switch themselves on, and words and sentences can even be printed on the sheets that come out.

Active manifestation:

You can leave your printer or fax machine on after a death and/or invoke the name of a departed loved one, by asking if they need help in the other world or by asking them a question.

You can stay near your device, or come back to it later to check if you received any messages through it.

4- Computers

Computers and monitors are also technical methods used by the departed or that you can use to contact them.

Passive manifestation:

One of the most obvious signs that a computer is being used by the departed is that, like with televisions, it switches itself on suddenly when it was off, or even, in some cases, when it was unplugged!

So, suddenly, the computer and its screen switch on without you having pressed the on/off button.

Then, faces or silhouettes can appear on the screen. Sometimes, the opposite happens and a screen turns off when you're thinking about a departed loved one. It can also be the case that the keys of your keyboard independently begin typing words or sentences that flash up on the screen.

Active manifestation:

Leave your computer and its monitor turned on by adjusting the display settings, extending the time before it enters sleep mode, which you can usually do by right-clicking on your screen.

Do so preferably immediately after the physical disappearance of the person in question by asking them for proof of their presence near you, by saying that you want to help them or that you need their advice.

You can also practice a form of automatic writing (refer to chapter 2 for more details) by letting your fingers rest on the keyboard and then invoking the name of the departed individual and/or by visualizing them.

5- Telephones

Passive manifestation

It's possible for a phone to ring and, when you pick up: the voice of a loved one is speaking, utters your name, one or several words, or sentences, often over a static background noise, before the conversation ends suddenly.

Moreover, after the death of a loved one, you can receive messages or the sound of the voice on your answering machine.

Active manifestation

In that case, regularly check your telephone or the messages on your answerphone straight after their disappearance and/or after invoking their name or visualizing the departed being.

6- Recording devices

EVP (electronic voice phenomenon) involves recording voices that cannot be perceived by the human ear.

For that, use a pocket voice recorder in "On" mode.

Passive manifestation

Place your recording device in record mode in a room where you have already felt something or if you detected one of the signs of the invisible presence of a spirit, or simply where you wish to establish communication with a departed being.

You don't have to stay in the same spot. Whether that's the case or not, record for as long as possible.

Then, replay the recording, if possible, with headphones, at all possible and imaginable speeds: regular speed, fast forward and slow motion, and even in reverse, in order to detect acoustic proof of EVP.

If you don't find anything, try again as many times as possible.

With patience, you'll always end up achieving results... if your departed loved one is capable or authorized by the higher planes to contact you or if it's an appropriate way for them to send you a message or ask you for help.

Active manifestation

Follow the same steps as above for passive communication, but by asking a question or formulating a request at the beginning of the recording.



CHAPTER 5

OTHER TRANSCOMMUNICATION METHODS



Finally, if you don't have the technology to practice instrumental transcommunication or if the previous methods don't produce any results, here is a selection of simple methods to communicate with your departed loved ones, which do not require sophisticated technology or even any devices at all!

1- Direct communication through invocation

If you simply change how you perceive death and communication with the departed, you just need to think of them in a benevolent way, without any ritual and without using any devices for them to manifest themselves.

Practice direct contact through invocation, which involves invoking the name of the departed being, and adopting the state of mind advocated below.

For that:

- Go somewhere calm where you can isolate yourself and where you've lit a white candle.
- Think about your departed loved one with respect and benevolence, talk to them as if they were still alive.
- Regularly repeat this process until you receive a definite sign of their presence, and not a presumed one through the instrumental transcommunication methods of level 1, 2 or 3 or any other method.
- Engage in dialog with the departed being in the way they wish or show you. At first, ask simple questions, then, gradually, you'll be able to make more in-depth or spiritual requests.

Under these conditions, it shouldn't be long before you establish contact with your departed loved ones or before you receive one of the signs described in this book. You'll then have complete freedom to make this communication last, to repeat it over the long term using one or several of the transcommunication methods in this book.

2- Communication through visualization

Communication through visualization is very similar to direct communication through invocation, so I invite you to refer to the previous paragraph to understand the best state of mind in which to practice it.

In practical terms, do as follows:

- Go somewhere calm where you can isolate yourself and where you've lit a white candle.
- Think about your departed loved one with respect and benevolence, talk to them as if they were still alive. But this time, concentrate on a photo of them, on invoking

their face, but it absolutely must be smiley or from a pleasant shared situation with them. Behave as such, over and over again.

- Regularly repeat this process until you receive a definite sign of their presence, and not a presumed one.
- Once that is done, engage in dialog with the departed being in the way they wish or show you. At first, ask simple questions then, gradually, you'll be able to make more in-depth or spiritual requests, but never for purely materialistic goals.

During this invocation, you must not concentrate on a photo that does not show the departed being in their best light, on a visualization or situation that is unfavorable to them.

Avoid invoking an image connected to their physical disappearance or to any suffering they may have endured, or an image of the departed being on their death bed.

3- Communication through spiritual development methods

You can also contact your departed loved ones or receive signs of their presence during your spiritual practices if you follow a religion, a personal development path, a spiritual journey...

For instance, if you adhere to a religious belief system (Christianity, Judaism, Islam, Buddhism, Hinduism...), there's no need for you to look any further than what you already have to hand!

As such, you can intentionally or spontaneously communicate with the departed through prayer, meditation, song, yoga...

To do so, as you practice your belief, you just need to ask a departed loved one to give you a sign of their presence or permission to contact them, or you can ask them a question... or even simply open yourself up to the possibility of communication.

There is a very simple reason why this is so effective. All spiritual practices of a religion, tradition, spiritual teaching... are already done within a framework that's protected from negative influences.

All of these types of practices, performed honestly with an open mind and positive intentions, put you in the best position to receive messages from your departed loved ones.

Finally, these religious or spiritual practices allow for your consciousness to be raised, which promotes contact with the higher vibratory planes, including those inhabited by your departed loved ones.

Below, you will find a practice that allows for quick initiation through meditation to achieve fruitful communication with the other world.

Adapt it to your personal spiritual practice.

- Go somewhere calm where you can isolate yourself and where you've lit a white candle.
- Take a dozen deep breaths to relax your body and mind.
- Close your eyes and empty your mind, without focusing on any thoughts that appear. Let them go and don't hold onto them.
- Think about your departed loved one with respect and benevolence, talk to them as if they were still alive, or concentrate on invoking their face, that absolutely must be smiling, or on a pleasant situation you shared with them. Behave as such, over and over again.
- Regularly repeat this process until you receive a definite sign of their presence, and not a presumed one.
- Once contact has been established, engage in dialog with the departed being in the way they wish or show you during or after this guided meditation.
- At first, ask simple questions then, gradually, you'll be able to make more in-depth or spiritual requests, but never for purely materialistic goals, like for instance, as I already mentioned, by asking for the winning lottery numbers.

It's also possible that you may not immediately get answers to your questions because the deceased individual may not yet be authorized to make certain revelations to you, or may simply not know the answer because of their level of spiritual evolution in the other world at the time of your communication!

In that case, don't worry, don't dwell on it, and don't get impatient because one thing is certain: you will get an answer to every question when the time is right or through another means than the one you used.

If a departed loved one isn't answering, what should you do?

It shouldn't discourage you because, as I repeated several times, the higher planes are full of compassion towards humans and are always prepared to help you. They can send you messages through your departed loved ones, but only if it's the right time or if they can help you to progress.

If you persist with your requests, you'll always end up establishing contact, learning from them or receiving advice to help you in your everyday life.

The purpose of exchanges that go both ways between the world of the living and the world of the departed is either for you to help your departed loved one evolve towards higher planes, or for you to better experience your life on earth.

So, contact can only be established if the attempts meet one of these two conditions. Always bear that in mind and you'll manage to converse with your departed loved ones quickly, or even continuously over the long term.

Finally, don't make a request purely to satisfy a personal and selfish desire that only goes one way, no matter how positive it is.

Attempt what I refer to as two-way communication, that is to say, a personal request but which also considers the well-being of your departed loved one.

You can for instance, think or declare, during your communication, that you wish to contact your departed loved one in order to:

- Help them evolve in the other world,
- Make them aware that they are physically dead,
- Inform them that they must detach themselves from the material world, to no longer wander it like a suffering soul or any other reason that could drive you to contact them.

CONCLUSION

The departed evolve over time

Generally, as the departed being evolves towards higher subtle worlds, the ways of communicating between our world and that of the departed also evolve, as does the content of the messages.

Although there is no hard and fast rule in that regard, we can generally say that, in the days, or even weeks following the death of a departed being, they remain attached to the material world and must gradually learn to control the more subtle forms of communication with our world.

So, in the early stages on the other side: the departed being must get used to their new non-corporeal state (without a body).

They therefore mainly use the simplest methods to manifest their presence, those described in chapter 2 (voices, knocks, more or less complete apparitions...) or the electrical, mechanical and electronic devices... from chapter 3.

Similarly, at the beginning: their messages are brief, both in terms of content and form, because they have no body and are deprived of sensory organs.

As for the form, at first, most of the time, they can only use words or brief sentences because it requires a great deal of energy to manifest themselves, especially immediately after their death.

As for the content, their messages are simple or even basic: they may give their name, signal or simply say that they are there, remind you who they are or of their relationship to you (father, mother, brother, grandfather), or ask for help.

Sometimes, they aren't even aware that they are dead or they can only answer questions with YES or NO;

With time, the departed being gets used to their new vibratory state, learns how to control the communication methods available to them and their messages gradually become deeper, or even philosophical, addressing the person in question, but sometimes with greater reach, and can even end up addressing all of humanity.

Your departed loved ones, or one in particular, can therefore become your genuine spiritual guide(s).



Magellan

MEDIUM SPIRIT